



UOL BULLETIN

UKRAINIAN ORTHODOX LEAGUE OF THE UNITED STATES OF AMERICA

Dedicated to our Church -- Devoted to its Youth

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Junior UOL Convention 2014

Junior Convention 2014 Submitted by Kateryna Kocelko

On Wednesday, July 23rd 2014, the Junior and Senior members of the UOL traveled to South Bound Brook, New Jersey for the 67th Annual UOL Convention. After the Junior and Senior executive boards had their pre-convention meeting, the Juniors and Seniors gathered together at the Cultural Center in our Church's headquarters for the hospitality night. It was a nice evening to catch up with friends and spend time socializing before the start of the business sessions Thursday afternoon.

The next morning, July 24th, the convention body gathered at Saint Andrew's Church for Divine Liturgy. After brunch the Juniors and Seniors commenced their first business session together. We heard from the convention chairperson,

Martha Misko, the spiritual advisor, His Eminence Metropolitan Antony, and the Junior and Senior Presidents. Then we split up into our separate Junior meeting and began our sessions. We split up into committees with just the Juniors to come up with new ideas for next year. And we were lucky enough to have Dr. Natalie Bilynsky talk to us about using our talents to improve the UOL as a whole. We later combined with the Seniors and split into joint Junior/Senior committee groups. We then had our first round of Chapter Challenge. After sessions were over for the evening everyone attended the Mystery Dinner Theater back at the Cultural Center. Everyone had a great time with the interactive theater. We ended the evening with prayers in the Cultural Center. (continued on page 4)



Hear Ye! Hear Ye! You are cordially invited to...

**68th Annual U.O.L. Convention
July 23-26, 2015**

**Hosted by
Assumption of the Virgin Mary UOL Chapter
Northampton, PA**

*"Put off the old, put on the new man. Be children of God.
Walk in Christ the Light"*



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The absolute deadline for each monthly issue is the 1st of the prior month. Photos will not be returned.

Note to Contributors: All articles submitted to the UOL Bulletin must be in 12 point Times New Roman (font), or typed and double spaced in 12 point type. Articles may be submitted via e-mail attachments. (Submit to: nsufler@aol.com). If submitting photos please be sure to obtain consents for photos to be includes in the UOL Bulletin.

The editor reserves the right to condense any material submitted. Material cannot be returned.

MESSAGE FROM THE SENIOR UOL PRESIDENT



Michael J. Komichak

Many members, one body, different functions

Glory to Jesus Christ! Slava Isusu Khrystu!

Following the successful Convention in South Bound Brook and, shortly thereafter, having marked the beginning of a new ecclesiastical year in September, I and the other members of the National Executive Board are looking forward to a productive year of service to the League and the Church. In planning our strategy for the upcoming year, we are looking for the League to strengthen the connections among parishes, to earn and maintain the trust of UOL members and non-members alike, and to involve more individual UOL members in national initiatives.

This year I am encouraging our UOL National Executive Board Commissions and Committees to propose joint projects involving multiple Commissions and Committees, and to work more closely with their Consistory counterparts in the various Offices of Ministry. I also would like each Commission and Committee to think not just in terms of individual members or chapters, but in terms of Deaneries as well. Last year we took the first steps in implementing the recommendation of the 2013 Parma Convention to include Deanery-wide initiatives in our planning, and I hope to expand that effort this year. I think that engaging in Deanery-wide projects gives the UOL an opportunity to have an impact beyond our existing chapters and to attract more members for the League.

As we organize our efforts on the national level, I am looking for the National Executive Board to lead by launching new initiatives that:

- 1) are somewhat more hands-on "project" oriented rather than just passive "event" oriented
- 2) leverage existing UOL organizational structures to cross parish lines and broaden participation
- 3) involve more members and parishioners in the planning and execution of whatever we propose.

At the national level, I believe we have a talented team in place to make real progress this year. The following individuals have volunteered to serve as chairs of the various NEB Commissions and Committees:

Commissions

Christian Caregiving and Missions	Pani Olena Sendeha
Education	Nina Coker
Public Relations	Karen Ferraro
Vocations and Clergy Support	Pani Linda Oryhon
Ways and Means	Linda Winters
Youth	Daria Pishko Komichak

Committees

All Saints Camp Delegate	Christine Mills
Annual Fund Drive, Tribute Fund	Linda Winters
Archives, Awards	Teresa Linck
Constitution, Handbook	Daria Pishko Komichak
Deanery Initiative	Janice Meschisen
Essay Contest	Tabitha Bentley
LSSK Scholarship	Alexis Oryhon Schumacher
Membership and Chapter Development	Lauren Bentley
Public Relations Tech Support	Mark Meschisen
UOL Bulletin	Natalie Bilynsky

Please check the UOL website uol.orthodoxws.com for an online update of our plans resulting from the September NEB meeting in Coatesville, PA. We have a busy year ahead of us, and we are all excited to employ our talents to meet the challenge and accomplish great things. Therefore, "Having then gifts differing according to the grace that is given to us, let us use them!" (Romans 12:6)

Yours in Christ,
Michael J. Komichak

Very Rev. Volodymyr Bukata Award - Nicholas Woloschak Submitted by Kateryna Kocelko

This year's winner of the Very Rev. Volodymyr Bukata Award is Nicholas Woloschak from Saints Peter and Paul of Youngstown, Ohio. The Bukata award is the Junior UOL's way of recognizing one individual who has done outstanding work toward accomplishing the goals of their own parish and the league as a whole, and no one is more deserving than Nicholas. Nicholas has certainly put in the time and effort to receive this award. In the past couple of years he has been an altar server, attended church school, been chairperson of their annual lock-in and was President of his home parish's Jr. UOL chapter. Nicholas has been a lifelong member of the church, and a dedicated member of the UOL. His advisor says he "is truly motivated by Christian principals and works toward achieving them."



Thank you for your dedication and love of the Junior UOL and our church as a whole. The Junior UOL would like to congratulate you and we hope that you continue to be a part of the church and the league. We hope to see you at next year's Convention as part of the Senior UOL!



ASK FR. HARVEY Questions answered by Fr. John W. Harvey

My spouse had major surgery and the patient's whole world seemed to turn upside down. Normal interests were not there at all, but supplanted by worries and depression. When even the smell of food nauseated him and he did not want to hear about things that normally were near and dear to him, I felt so frustrated at being unable to lessen his obvious miseries. Healing has eventually taken place and we have returned to normality. I would like you to give advice to others who may face the same issue. How does one give support and understanding and be able to also give a spiritual uplift?

In forty years as a parish priest, I always felt that I treated the sick with the utmost empathy and compassion, but with my own major surgery and the complexities that followed, I have gained an insight into what a mental and emotional chaos one may live through after such an ordeal. I can imagine that those coming to surgery after a trauma, or who come to learn that in resulting fashion their life's options may result in chronic limiting conditions, or that their condition is a terminal one, are simply devastated. Their normal world and their points of reference are all upended. Concern becomes fixated on such things as pain management, gas, and bodily functions. Work, home life and particular interests fade, as when will one be able to return to such activity. Anesthesia can also play havoc with a patient's mind. After a prolonged surgery, reading comprehension can be disturbingly affected, just another jolt to enhance the chaos. Should hospital treatment be prolonged and frustrations continue, some degree of depression may set in. Being attached to various drips and machines, minutes drag to endless hours during which the evil one may play tricks with the mind. As others go about their normal routine, from the patient's perspective, moment to moment life may seem to drop from one black hell to another.

If such is the profile of your loved one patient, here are suggestions for you. In the midst of the chaos and the deep uncertainties that may plague the mind

(continued on page 3)



Lynn Sawchuk - Sharon Kuzbyt Scholarship 2014
Submitted by Alexis Oryhon

At the 67th Annual Ukrainian Orthodox League Convention in South Bound Brook, NJ, the Lynn Sawchuk-Sharon Kuzbyt Memorial Scholarship Committee awarded one scholarship to an outstanding Junior UOL member whose dedication to the Church and her League distinguished the recipient from their peers. The Scholarship was established in 1975 to perpetuate the memory of two lovely, dynamic young women whose untimely deaths left an indelible mark in the life of the Ukrainian Orthodox Church. In the last thirty-nine years the UOL has awarded 145 scholarships totaling over \$170,000. The Scholarship Committee considers the following criteria when reviewing applicants: being a current or past member of the Junior UOL; enrolled in or about to enroll in a program of advanced education; a record of outstanding performance in service to the Holy Ukrainian Orthodox Church and the UOL; academic performance in high school; involvement in extracurricular activities; and being of high ethical and moral character.

The 2014 LSSK Scholarship recipient is **Nicholas Woloschak**.

Nick was an active member of the Sts. Peter and Paul Junior UOL Chapter in Youngstown, OH. Nick held numerous positions in his chapter and most respectively as President. Nick helped organized the annual lock-ins and other chapter events, including baking pies for the Rescue Mission, making paskas for the shut-ins and regularly attending the conventions as a delegate. Nick has been active in his parish's choir and a faithful altar server for at least 9 years. His spiritual father stated: "I know Nick to be an exemplary person with a strong, moral character, kind heart and motivated by true Christian principles." Nick was very active in school and was an avid athlete on the Varsity baseball, basketball and football teams. Along with being involved in numerous clubs and committees, and serving as class Vice-President, Nick was chosen as a candidate for the Buckeye Boys State Junior Leader's Conference. As stated by one of his teachers, "Nick is a student who has goals for his future. He knows where he wants to go and knows what he has to do to get there. His academic and athletic talents should smooth his way into the future and will guarantee his success in his college career." Nicholas will be attending Clarion College.

The LSSK Scholarship Committee, on behalf of all donors and past recipients, congratulates **Nicholas** on his accomplishments and wishes him the best of luck in the future! We thank the UOL members, friends and chapters for their support of this worthwhile scholarship. Please remember that donations to the LSSK Scholarship are gratefully accepted at any time.

The 2015 Scholarship Applications will be mailed to Junior UOL chapters in March 2015 or may be downloaded from the Scholarships and Recognition page of the UOL website: www.uol.orthodoxws.com. Completed applications are due May 31, 2015. **All former Junior UOL members entering into or enrolled in continuing education within five years of high school graduation are encouraged to apply.**



(Fr. Harvey - continued from page 2)

of the patient, you must become the strong one to give encouragement and dependable hope. Don't consider the patient a malingeringer or an undue pessimist, for from his perspective the world is upside down and return to normalcy may seem practically unattainable. You become the window to the real world and to that which is attainable. Return to work may be delayed, but you have to give the hope and encouragement that this will be attained in a paced condition.

The spiritual side should not be neglected. Tell the patient of all the best wishes and especially of the people that are praying for recovery to health. To know that a whole phalanx of people are lifting your health needs to the Lord Jesus is truly a comfort and healing balm. Good wishes may be nice but remember that the earnest prayer of a believer avails much. We have Jesus' promise that He will heed our prayer and that we believe in a positive outcome.

Have your parish priest make a hospital visit. Many people have the mistaken idea that the presence of a priest in such an instance is an omen of impending death and avoid calling a priest, even when it is clearly indicated. Your pastor should be able to engage the patient in a light-hearted banter, which can put even the most anxious and apprehensive patient at ease. This sort of non-threatening conversation, together with anointing and communion, can provide a palpable spiritual and emotional uplift. Sometimes, if the conversation is light and cordial, the patient's defences may drop and some real problems or kinks in the spiritual life may be revealed. Another instance of the possibility of a spiritual balm being administered.

Encourage the patient to repeat the Jesus Prayer as the endless moments drag
(continued on page 4)



**NEWS FROM THE
JUNIOR UOL
PRESIDENT**

Kateryna Kocelko



Glory to Jesus Christ!

It's already October and the Jr. UOL is off to a great start. We are holding our first meeting on October 11th in South Bound Brook. I hope that everyone can also be in South Bound Brook that weekend for the first annual "Follow ME" pilgrimage for High School and College age students. For more information please contact the Office of Youth and Young Adult Ministry at uocyouth@aol.com. Further information about this meeting will be in the next UOL Bulletin.

Hopefully, everyone has been able to hold their first meetings at your home chapters and have had elections. If you have yet to turn in your election report forms please turn them in to our Corresponding Secretary, Juliana Leis, as soon as possible. Please feel free to look at the committee reports from convention to get some new ideas to further your chapters as a whole. All of the committee reports are available on the UOL website.

Every chapter should have turned in their dues and roster to our financial secretary, Sarah Hershey, by now. If you have not, please do as soon as possible. The deadline was September 30th. The forms are online on the UOL website. Please use the website throughout the year to stay updated on events going on throughout the year or "like" the UOL Facebook page and the UOL of USA Twitter account.

I pray that you all have a successful year. Feel free to contact me or any of the other board members throughout the year with questions, updates or for anything. We would love to hear from you. I will continue to pray for you this year as I hope you all will for the rest of the board, including me.

Yours in Christ,
Kateryna Kocelko

**Junior Chapter Achievement Award
Saints Peter and Paul Junior UOL Chapter-
Youngstown, OH
Submitted by Kateryna Kocelko**

Saints Peter and Paul of Youngstown, Ohio was awarded the Junior Chapter Achievement Award for the second year in a row. They really set an example for the rest of the league of what it means to be a chapter in the Ukrainian Orthodox League. Youngstown truly exemplifies what the UOL stands for. The chapter has ten members, which is an increase from last year by one.

Of their members, three sing in the choir, six participated in the essay contest, ten attend church school, four Ukrainian dance, one member is on the National Executive Board and two serve in the altar. The Chapter was busy with many fundraising activities such as their annual Slavic Festival, bake sales, and 50/50 raffles.

They are also very active with the precious angel campaign and many breakfast fundraisers. The junior chapter members also participate in many church events and social activities. The chapter has made many donations, such as \$358 for the "Souper Bowl Sunday," \$250 to the special fund for relief in Ukraine, and \$130 for special "Welcome Baskets" for the Seminarians.

Saints Peter and Paul chapter was a great role model this year on how a junior chapter should participate. Congratulations on this achievement and I hope you continue to participate as much as you have been. Good Luck for next year!



(Convention - continued from page 1)



On Friday, July 25th, after morning prayers and breakfast the Juniors went straight into business sessions. The Juniors watched a video about the Holodomor and had a brief discussion about it with Father Vasyl, and were accompanied by our Hierarchs during the video. After the video, His Eminence Metropolitan Antony and His Grace Bishop Daniel addressed the Junior Convention body. The Juniors then reconvened into Junior committee groups to finish up their thoughts and reports, then went straight into joint Junior and Senior committees to finish up. We then met on the front steps to take the Convention picture. We then broke for lunch and after lunch the Juniors, with the help of the Seniors and Hierarchs, made the lunches that the Juniors



then delivered to the homeless in downtown Newark Saturday morning. When we came back to sessions, the Junior committees presented their reports to the Junior body for approval. Afterwards we joined the Seniors to present our reports and to hear the Junior and Senior reports. We then heard the presentation of the essay contest winners and a Great Lent Giveaway presentation, followed by the final Chapter Challenge round. The Juniors then reconvened their sessions to do elections. We closed the Convention

Saturday morning we had a Moleben in the Seminary Chapel and then went to the Cultural Center for breakfast. Then the Juniors left for their Bridges Service Project. The oldest Juniors, along with some Senior chaperones, went to hand out lunches to the less fortunate in downtown Newark. It was a great experience for all of the Juniors. We have never done a service project like this at Convention before, and I know all the Juniors really enjoyed it. After we got back from our service project, the new and old Junior and Senior boards then met to establish what their jobs are and what needs to be accomplished in the coming year. Everyone gathered in the Seminary Chapel for Vespers. It was then time to get ready for the banquet. Once the banquet



started the speeches and awards were then given out along with the presentations of the new executive boards. After dinner was over, the night continued with dancing and lots of excitement.

After an amazing evening, everyone woke up Sunday morning and attended Divine Liturgy led by His Eminence Metropolitan Antony and many reverend fathers, deacons and seminarians. It was beautiful to be able to gather together to pray for the coming year. After the service the new executive boards were



sworn into office in front of everyone. Everyone then proceeded to the Cultural Center for the farewell brunch and to say their goodbyes to friends.

On behalf of the entire Junior Ukrainian Orthodox League, I would like to thank the Hierarchs, the Convention Chairperson, Martha Misko, and the entire Convention Committee for the effort they put into this year's convention. It was a huge success! So many amazing memories were made at Convention this year, and I cannot wait till next year!



(Fr. Harvey - Continued from page 3)

on. "Lord Jesus Christ, have mercy on me a sinner." A prayer such as this with a bit of controlled breathing can easily take one through such moments as having an intravenous drip line being put in your arm. A simple momentary prayer such as this can easily carry one through agonizing moments of procedures.

For most folks, a few days in hospital and gradual recovery can return the mindset to a normal one, but still be the strong one as normalcy returns. If a patient is to endure a long or tricky rehabilitation, certainly your patience and understanding again is called for. I pray that this advice and bits of insight may prove to be of value when you or a loved one are faced with similar problems and are at your wits end.



business sessions with a prayer and the singing of the Ukrainian National Anthem. We had Vespers in the Seminary Chapel and then went to the Cultural Center for the Cultural Evening. A good time was had by all with lots of traditional food and dancing. It was very neat to learn different Ukrainian dance steps.

Bridges

Bringing the housed and homeless together in community



**Thanks to the 2014
UOL Convention
Delegates and Guests
for their generous
donations and support!**

Sts. Peter and Paul Parish Church School Camp
Submitted by Fr. Vasyl Sendeha

Sts. Peter and Paul Parish Church School Camp, sponsored by the Sr. UOL Chapter, took place on Friday August 8 at the parish grounds. The day started with prayers as 23 kids gathered at the Church temple. After a brief introduction by Fr. Vasyl, the day of learning, fellowship and fun began. Older children were a great support to PM Gina Rolando and PM Olenka Sendeha in running the camp. Children enjoyed learning Bible stories by being Super Agents of God. A creative idea of learning about God, by doing a series of investigations, left kids not only with great memories of fun learning, but definitely left an imprint



of increased knowledge in understanding the Bible. A number of fellowship activities brought kids together, such as trust exercise, pizza making, outside games, sharing and helping each other during crafts. One of the favorite activities



was the ice-cream sunday party. Children could decorate their ice-cream plates with any toppings they desired. The day ended with a customary water balloon

toss. The tradition of trying to get the priest wet was attempted. However, this year the priest was protected by invisible forces, as quite a few of the water balloon throws were mysteriously diverted.

Every child leaving for home had a bag of projects and good memories to take home of a well spent time with their fellow children of the parish family.



Plans are being made for next year to expand the Church School Camp. There is a possibility of having the camp for a couple of days, with an outing and a variety of activities.

This project will be successful as long as parents and grandparents sign up and bring their kids to Church School Camp.

**UOL EDUCATION COMMISSION
ANNUAL ESSAY CONTEST
Submitted by Christine Mills**

The Annual UOL Essay contest received 141 entries from 18 parishes. Children and adults provided their reflections on questions based on the UOL Convention theme, *"Blessed are those who hunger and thirst for righteousness, for they shall be fulfilled."* Matthew 5:6

The essay contest judges had a difficult yet enjoyable time in judging all the wonderful entries. Entries were judged for content, creativity and neatness. The judges also looked for the child's originality and creativity in the received entries. Seeing and reading essays through the "child's" eyes and thoughts is very rewarding. The judges were Michael Kapeluck (Carnegie, PA), Kira Senedak (Pittsburgh, PA), Tracey Sally (Carnegie, PA), Natalie Kapeluck-Nixon (Carnegie, PA) and Alexis Sawchuck (Carnegie, PA). Each entry received was given a number and the judges read and made their determination based on the number on the entry. All award winners were announced at the UOL Convention held in South Bound Brook, NJ. The first, second and third place winners received icon prints of the Pokrova Icon written by Michael Kapeluck. Honorable Mention winners, those entries the judges thought should receive special recognition, received a memorable bookmark. All participants received a certificate for their participation in the contest. Thank you to all Clergy, Sunday school teachers and parishioners for your continued support of this educational contest! The UOL is looking forward to next year's round of essay submissions!

2014 UOL ESSAY CONTEST

Winners by Grade

Preschool

Ryan Fealy	age 3 – 1st place
Shiloh Wolfgang Dritt	age 3 – 2 nd place
Zachary Radio	age 3 – 3 rd place
Celia Wright	age 4 – honorable mention
Miriana Oryhon	age 4 – honorable mention
David Sendeha	age 4 – honorable mention

Kindergarten

Katherine Pindel	age 6 – 1st place
Filip Schirta	age 6 – 2 nd place
Qorey Carter	age 5 – 3 rd place
Dimitrios Peltekis	age 5 – honorable mention
Drake Witkowsky	age 6 – honorable mention
Tika Gill	age 5 – honorable mention
Dara Olexa	age 6 – honorable mention

Grade 1

Matthew Chubenko	age 6 – 1st place
Luke Kolas	age 6 – 2 nd place
Dana Maria Cenusu	age * – 3 rd place
Bryce Radio	age 7 – honorable mention
Mia Zetick	age 7 – honorable mention
Josie Nichols	age 6 – honorable mention
Thomas Sheptak	age 6 – honorable mention

Grade 2

Kayla Meenan	age 8 – 1st place
Antoni Sendeha	age 8 – 2 nd place
Abigail Baker	age 7 – 3 rd place
Julie Milinichik	age 8 – honorable mention
Alexandra Ost	age 7 – honorable mention
Morgan O'Brien	age 7 – honorable mention

Grade 3

Piper Foy	age 8 – 1st place
Elizabeth Cairns	age 8 – 2 nd place
Kaleena Peters	age 9 – 3 rd place
Elias Olexa	age 8 – honorable mention
Kylee Nichols	age 8 – honorable mention
Adrianna Truss	age 9 – honorable mention
Nicholas Borsevich	age 9 – honorable mention

Grade 4

Chrystyna Prokulevich	age 10 – 1st place
Logan Mrocza	age * – 2 nd place
Tyler Baker	age 9 – 3 rd place
Lucy Rolando	age 10 – honorable mention
Nicole Larson	age 10 – honorable mention
Luke Milinichik	age 10 – honorable mention

Grade 5

Madeline Zetick	age 11 – 1st place
Katerina Peltekis	age 11 – 2 nd place
Solomiya Kotyk	age 11 – 3 rd place
Natalia Novicky	age 12 – honorable mention
Carrie Chase	age 10 – honorable mention

Grade 6

Sabrina Ost	age 12 – 1st place
Stephanie Chubenko	age 12 – 2 nd place
Alexis Naumenko	age 12 – 3 rd place
Sarah Moon	age 11 – honorable mention
Sydney Moon	age 11 – honorable mention
Madijah Foy	age 12 – honorable mention

Grade 7

Anna Swindle	age 13 – 1st place
Maria Schirta	age 13 – 2 nd place
Samuel Chase	age 12 – 3 rd place
Cyril Sheptak	age 13 – honorable mention

Grade 8

Stephen Little	age 14 – 2 nd place
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Grade 9

Victoria Swindle	age 15 – 2 nd place
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Grade 10

Betsy Abrahamson	age 15 – 1st place
Daria Bourgery	age 15 – 2 nd place
Rebecca Mills	age 16 – 3 rd place

Grade 11

Andrea Linck	age 17 – 1st place
Gabrielle Mills	age 17 – 2 nd place

Adult

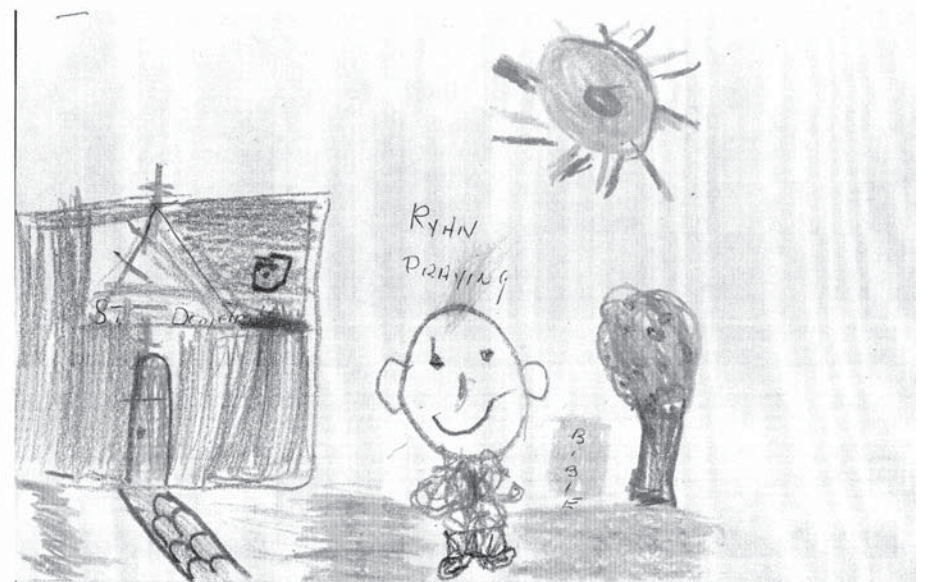
Valerie Crescenz	adult – 1st place
Carol Bentley	adult – 2 nd place
Robin Bodnar	adult – 3 rd place

Each month we will publish First Place Winners in the UOL Bulletin.

Pre-school Winner - Ryan Fealy- 3 years old

St. Demetrius Carteret, NJ

Draw a picture showing how you learn from God.



I LEARN FROM
G O D B Y
GOING TO CHURCH. Pray
with my family - HELP
TO BE GOOD TO ALL MY
FRIENDS - MOMMY - DADDY
AND church school's FAMILY
4-20-14-

Meet the National Junior UOL Executive Board

Hello, my name is **Kateryna Kocelko** and I am blessed to have been reelected as President of the Junior Ukrainian Orthodox League National Executive Board for the 2014-2015 year. I am very excited to be working on the board for the third year. I live in Pittsburgh, Pennsylvania. I attend Saint Vladimir's Ukrainian Orthodox Church in South Side, Pennsylvania. At Saint Vladimir's, I sing in the church choir, attend church school, read the epistle and am treasurer of our junior chapter. I am also very active in church events such as festivals and fundraisers. I have also danced with Kyiv Ukrainian Dance Ensemble since I was three and now I teach the younger students.



This upcoming school year I will be a Junior in high school. I attend Keystone Oaks High School. I have played flute in concert band since fourth grade and am a dancer in our marching band. I have been active in my Girl Scout troop since first grade and I still am. I have competed in the Pennsylvania Junior Academy of Science for the last four years. I am also a member of my school's student senate, academic team, pep club, science club, National Honors Society and many other clubs. In my free time I enjoy spending time with my friends, being with family and attending Pittsburgh Steeler games. Every year since I was eight I have attended either Diocesan Church School Camp or Teenage Conference. I also have been a "Big Sister" at the Mommy and Me /Daddy and Me encampment, and I love every moment I spend up at All Saints Camp.

I hope to serve the Junior UOL and the Church with as much dedication and love as the people before me. Please pray for all of us as we set out to accomplish God's will this year. I hope that we are as successful this coming year as we were in the past year. Please feel free to contact any of us with questions or concerns throughout the year. If you need to contact me my email is kdkcutie25@yahoo.com, I will try to respond as soon as possible. I pray that the Lord will guide us all on the right path this year.

My name is **Sarah Hershey** and I am very excited to be serving my third term on the National Executive Board as Financial Secretary. I attend Holy Ghost Ukrainian Orthodox Church in Coatesville, PA. As President of my local chapter, I am very active in the church. I also serve as the liaison between our Junior UOL chapter and our Church board. This year I will be a Senior at Oxford Area High School. I am on the varsity Cross Country and Track teams for my school. Running is something that I am very passionate about and I am hoping that my team will go far this year. Some of my other hobbies are reading and hanging out with my friends. This year I am the chairperson of the Culture and Education Committee again. I am looking forward to putting to work as many of the ideas as possible that were generated at convention. I am looking forward to making more unforgettable memories while serving my last year on the National Executive Board.



Hello, my name is **Andrea Linck** and I am honored to have been elected as the new Junior Ukrainian Orthodox League National Executive Board Treasurer. I live in Milltown, New Jersey and I am a member of St. Demetrius Cathedral in Carteret, New Jersey. I have attended the Sunday School program since preschool.



In September I will begin my senior year of high school. I attend Bishop George Ahr High School in Edison, New Jersey. At school I am a member of the marching band, concert band and jazz band, along with being a member of the Tri-M music honor society. Besides music, I also enjoy being a member of the Italian club and the Italian Honor

Society. I am also the manager of the varsity swim team and a member of the Christian Social Action Committee.

I have been a member of the Junior UOL at St. Demetrius since the age of twelve. I held the office of Treasurer for three years, Vice President for one and am the President for the upcoming year. For the past two summers, I have been blessed to have been a participant of the UOL High School Mission Trips.

I would like to thank everyone for electing me to this position. I promise to work hard and fulfill my duties to the best of my abilities.

My name is **Christopher Holowko** and I am the newly elected Vice President of the Junior National Executive Board. It is an honor again to serve and I look forward to a productive year. My family and I are parishioners of Holy Ascension in Maplewood, NJ. I have also attended All Saints Camp many times for Mommy/Daddy and Me, Church School Camp, Teenage Conference, and Family Fest. I also served as a counselor aid during the last two sessions of Mommy/Daddy and Me. Next year, I hope to be a counselor in training at DCSC and maybe work there as well. Through Camp, I have met many great friends. If you have not attended Camp in the past, you should, for so many reasons, including the friends you will meet. Labor Day you will usually find me at Family Fest.



In school, I am a Junior at Randolph High School, and when not engaged with my schoolwork, I actively participate in playing ice hockey for my school. You may also know my two older brothers Nick and Andrew, whom have both now moved on to college and are playing hockey there. You may also know my younger sister Erica, who is always close by and as active as any of us. So between Church, School, hockey and friends, life is active and fun.

In addition to Camp this year, I was also granted the opportunity to attend the IOCC (International Orthodox Christian Charities) conference in Minneapolis this past August. It was a great learning experience with our larger Orthodox family, as to how there so many ways we can serve together and help others locally. I had the opportunity to meet many new friends from across the country, including Alaska, while helping others. This was in addition to our Junior project during this past convention, where we were able to feed the hungry. They were all meaningful experiences and there will be more to come on this.

I anticipate a very meaningful and productive year working on the Board this year, and being able to enjoy my time with the other members while focusing on the goals of the League. I also plan to learn from others. Please email me through the UOL Web Site or directly with any ideas or concerns. You will find many updates there during the year. I will certainly be in touch with many of you.

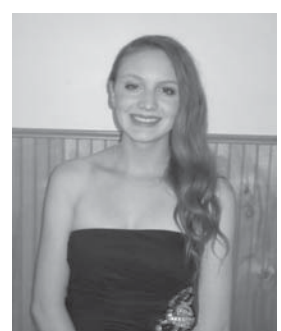
Hello, my name is **Katherine Anderson** and I am the Recording Secretary of the 2014-2015 Junior Ukrainian Orthodox League National Executive Board. I am very grateful to have been elected for the second time. I live in Salem, Ohio and attend church at Sts. Peter and Paul in Youngstown, Ohio. At our Church in Youngstown I sing in the choir, attend church school, help at different church activities and am the President of our Jr. chapter. I have also danced in the Youngstown Area Ukrainian Dancers group for 4 years now.



I am a senior at Salem High School this school year. I am in the marching band and concert band. I have played flute for eight years and piccolo for three as well as being section leader and first chair for three, and I was in the "County Honors Band" this past year. I sing in the choir, participate in school musicals and am also in our show choir called "Encore." This year I have been chosen to be an editor on our school's year book staff. This year I went for part of the High School Mission Trip and found that it was a wonderful experience. In my free time I like to play music, dance, sing, and I enjoy being with my friends and family. I have gone to All Saints Camp every year since I was eight and have worked at Diocesan Church School Camp every year that I have been eligible. I have also been a "Big Sister" at the Mommy and Me/Daddy and Me encampment for 5 years. I love spending my summers at camp!

I am very excited to be representing the Jr. UOL and hope that it is a productive year. Please contact me at kitty2882@gmail.com if you have any questions. I pray that the Lord with help us to do our jobs at the best of our abilities this year.

Hi, I'm **Juliana Leis**, and I'm excited to be the new Corresponding Secretary for the National Jr. Board! I live in Bethel Park, PA with my parents, brother, and my dog. I attend Sts. Peter and Paul Ukrainian Orthodox Church in Carnegie, PA, and I've sung in the church choir for 7 years. I also attend church school, and am this year's Vice President of my Jr. UOL Chapter.



I will be a senior in this upcoming school year at Bethel Park High School, so I've made it through

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UOL Bulletin Donation
In memory of Metropolitan Constantine of Blessed Memory

Nick, Larissa, Alya and Kateryn Kocelko
Thank you for your very generous donation!

(Junior Board - continued from page 7)

most of high school alive. I'm very involved in the music department at Bethel and look forward to singing in both our Concert Choir and our audition choir, Top 21. I also have been involved in two of the musicals and two of the fall plays, and plan on being involved in this year's upcoming musical as well. I used to run cross country, but after an ankle injury I decided I'd rather stay at home and learn guitar. I work at Chick-fil-A, and although I'm not the cow, I have a great time working with all of my wonderful co-workers. Other than that, I like to hang out with my friends, listen to music, write, read, and attend karate class.

I attended DCSC every year I could when I was younger at All Saints Camp, but I never got the chance to go to Teenage Conference. However, I plan on going next summer, and I'm really looking forward to it!

Well, that's just a brief summary about me. If you want to know anything else about me and my insanely busy life, feel free to email me any time: jules.0123@yahoo.com.

Let my prayer arise!
**13th Annual
UOL Lenten
Retreat**

Saturday March 28, 2015

Retreat will focus on prayer



St. Francis Center For Renewal
395 Bridle Path Road
Bethlehem, PA

Learn more about our faith!
Get rejuvenated during Great Lent!
Meet fellow Orthodox Christians!
And so much more!

Country Zabava

*sponsored by the St. Vladimir UOL Chapter
Philadelphia*



**October 25, 2014
5:00 -9:00 p.m.
St. Vladimir Church Hall
Philadelphia, PA**

Country Line Dancing and Entertainment
Admission includes Dinner & Dancing
Adults: \$15.00 in advance \$20.00 at the door
Youth (ages 6-16): \$8.00
Children under age 6: free

Come dressed in your best country western attire!

For more information contact Natalie at
Nsufier@aol.com



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U A donation to the Tribute Fund is an acknowledgment of a Milestone, Memorial, or Accomplishment, or is a Special Recognition of an individual or group.

O Your much-appreciated contribution is used to support and further the Mission of the Ukrainian Orthodox League. All donations are published in the UOL Bulletin.

Donor	Occasion/Tribute
Druash Family	In Blessed memory of Ann Solan Pishko, the oldest (age 101) and much loved member of the St. Nicholas Church of Monessen. <i>Memory Eternal! Vichnaya Pamyat!</i>

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U *Don't put it off -- send your tribute today!!*
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Please make check payable to Ukrainian Orthodox League.

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